



THE MILDRED TRUST
RURAL COMMUNITY COMPASSION IN ACTION

**THE MILDRED TRUST IS GROWING!
WE CAN HELP SUPPORT YOU WITH FOOD, HOUSEHOLD
AND HYGIENE PRODUCTS**

**THE OLD SCHOOL HOUSE LARDER.
FREE FOR FAMILIES WITH CHILDREN UNDER 18**



TUESDAYS: 5.15-6.15PM
EC30, Recreation Ground Road,
Tenterden, TN30 6HT

FRIDAYS: 9.30AM-10.30AM
Tenterden Family Hub, TN30 6RA
(From 24th January)

Families are welcome to attend one session per week

OUR COMMUNITY SHOP - OPEN TO ALL

Affordable food, cleaning and hygiene products
(You pay a minimum of £1.50 for every
£5 worth of items up to the value of £20.00)

MONDAYS 1.45PM-2.45 PM
Tenterden Leisure Centre
(From 20th January)



Charity No. 1097210
Phone. 07745 694748

Email. info@themildredtrust.org
Web. www.themildredtrust.org

STAY UP TO DATE WITH US

@themildredtrust themildredtrust



COMMUNITY FRIDGE

A PUBLIC SPACE WHERE ORGANISATIONS AND HOUSEHOLDS CAN MAKE PERISHABLE FOOD THAT WOULD HAVE BEEN WASTED AVAILABLE TO THE LOCAL COMMUNITY

A SOCIAL SPACE

**ANYONE CAN USE THE FRIDGE FOR FREE
TENTERDEN LEISURE CENTRE
JANUARY 2025**

**IF WE CAN HELP JUST TURN UP,
BRING A BAG AND CHOOSE WHAT YOU NEED!**

WE NEED YOU!!

WOULD YOU BE INTERESTED IN VOLUNTEERING WITH US?

WE HAVE LOADS OF DIFFERENT OPPORTUNITIES AVAILABLE INCLUDING COVERING LARDER AND COMMUNITY SHOP SESSIONS, SORTING STOCK, COLLECTING DONATIONS, KEEPING OUR COMMUNITY FRIDGE STOCKED, ADMIN AND MUCH MORE

CONTACT US FOR FURTHER INFO.

**WE ARE ALWAYS IN NEED OF FOOD DONATIONS TOO...
IF YOU CAN HELP, PLEASE CONTACT US**

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